

Family Disaster Prevention Plan Guide

Will your family be able to act well in the situations shown on the Disaster Risk Cards?!

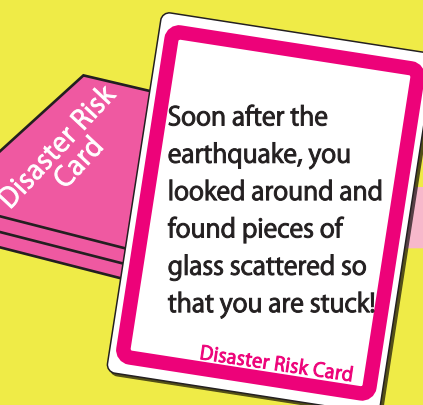
Please discuss with your family whether you can act well enough in the situations shown on the Disaster Risk Cards.

Make a "Family Disaster Prevention Plan", referring to the following hints, information and the map at the back, and then put them into practice!

Start

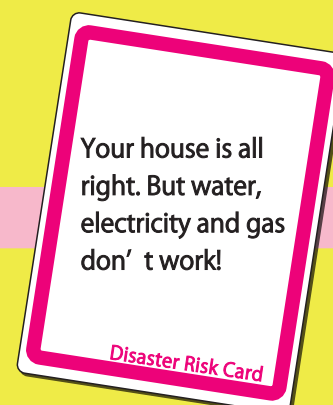
Aghhhh!
It's an earthquake!
Sudden tremors have
occurred at home!

A disaster
has occurred,



Prepare for such situation

What should you do? **To hint 1**



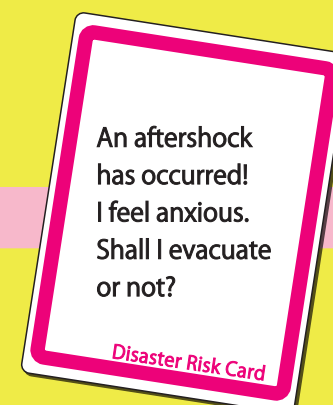
Prepare for such situation

What should you do? **To hint 2**



Prepare for such situation

What should you do? **To hint 3**



Prepare for such situation

What should you do? **To hint 4**



Prepare for such situation

What should you do? **To hint 5**



Prepare for such situation

What should you do? **To hint 6**

Time has passed.

1 Safety measures at home

The important thing to secure your safety is to implement safety measures at home. Those who live in an apartment should also take measures for indoors.

[Measures for indoors]

- ☐ Preventing fragments of broken glass from scattering
- ☐ Fixing furniture
- ☐ Do not place furniture or luggage in the corridor leading to the entrance/exit.



Reference: Osaka City Residents Emergency Manual

[Measures for outdoors]

- ☐ Inspecting roof tiles and slates
- ☐ Fix antennas firmly.
- ☐ Reinforcing fences
- ☐ Cleaning gutters and drainage ditches
- ☐ Do not place flowerpots somewhere from where they might fall.

Tips

- Prepare footwear such as slippers in a handy place to prevent injuries from fragments of broken glass.
- Prepare flashlights in case of power cut.

3 How to contact your family

[Disaster Emergency Message Dial (171)]

In the case of disaster, you can use the Disaster Emergency Message Dial service provided by NTT.

▶ NTT West Disaster Emergency Message Dial



[Mobile phone Disaster Message Board Service]

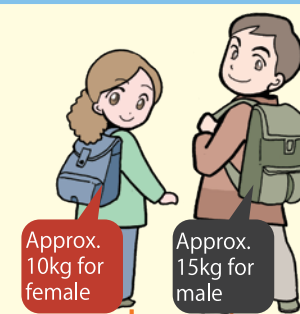
You can register and check information on someone's safety by using the Disaster Message Board Service operated by each mobile company.

▶ Please see websites of mobile companies.

2 Supplies

[Emergency supply bags]

Put items that last for about three days in a rucksack, etc. so that both of your hands can be free, and store it in an easy place to take away promptly any time.



Approx. 10kg for female

Approx. 15kg for male

[Emergency stockpile] (Supplies to prepare at home)

Prepare necessary items to survive at home for about one week until relief supplies arrive.

- ☐ Water (to drink)
- ☐ Food
- ☐ Clothing
- ☐ Household goods
- ☐ First-aid supplies
- ☐ Sanitary items
- ☐ Valuables



etc.

▶ Please refer to the Residents Emergency Manual for details.



Tips

"Rolling-stock" method

This is the method to always keep a certain amount of supplies such as canned foods and pre-packaged foods that are used for everyday meals by adding the amount that is consumed during everyday life.



Tips

Things to prepare

- Prepare masks, disinfectant and a thermometer to prevent infections.
- It is important that you consider individual or family circumstances such as with infants, elderly people and people with allergies when preparing supplies.
- Prepare portable/temporary toilet in case the toilet becomes unavailable due to water outage.



4 How to judge the timing of evacuation (how to obtain disaster information)

You can obtain disaster information to judge the timing of evacuation through TV, radio or internet.

- ☐ Osaka Disaster Prevention Net
- ☐ Office of Emergency Management Twitter
- ☐ Osaka City Disaster Prevention App



Tips

Dispersive evacuation during epidemic

- Deciding a few safe places other than evacuation shelters (e.g. staying at home or at an acquaintance's home) in advance allow you to prevent infection.



5 Points to be careful of when you evacuate

- ☐ Turn off the circuit breaker.
Fire may occur when power is back after a power cut.
- ☐ Be careful with hazardous places when evacuating.
Glass and roof tiles may fall from above outside.
- ☐ Do not evacuate by car.
Evacuating by car may be an obstacle for emergency vehicle access.
- ☐ Checking safety of your family at a temporary evacuation site.
Checking your surroundings leads to prompt activities to save each other's lives.

Tips

Prepare for evacuation of your pet

- Follow rules of the shelter such as putting your pet in a cage when evacuating with your pet. Also, prepare food supplies for your pet.



6 Check the routes to evacuation sites

Check the routes to the nearest temporary evacuation site and the designated disaster evacuation shelter (evacuation routes) with the map at the back of this guide.

Put notes about evacuation on the map!

In the case of storm and flood damage

Osaka City will announce evacuation information by the Early Warning Emails, etc. through Disaster Prevention Speakers, mobile/smart phones.

Evacuate as early as possible in the case of heavy rain.

Evacuate everyone at Alert level 4



If you live in an area where warning levels ③ and ④ are issued by your municipality, start evacuating immediately. Alert level ⑤ is a situation when there is already a disaster.

[Points to be careful of in the case of storm and flood damage]

- ☐ Do not try too hard to walk when the wind is strong.
Roof tiles and signboards may be blown away, and street trees may be blown down. Do not try too hard to walk and evacuate to a strong building.
- ☐ Evacuate to the third floor or higher in the case of heavy rain.
Do not approach rivers, etc., and evacuate immediately to the third floor or higher of the building when evacuation information is issued.

Let's create!

Family Disaster Prevention Plan

※Please complete the following spaces, referring to the above hints.

- ☐ Safety measures at home

[Things of concern]

- ☐ Supplies

[Things that have already been prepared]

[Things to be prepared]

- ☐ Where to place emergency supply bags

- ☐ How to contact your family

[Specific targets for you/your family]

※Please write down specific targets regarding disaster prevention measures.

[Things to do!]

[Target date!]

For example, decide your family's disaster prevention day and prepare supplies by that day.

[Next targets]

Mutual support is vital for evacuation and life in evacuation shelters.

- In the case of disaster, supporting each other in the neighborhood (mutual help) is vital. Try to make a good rapport such as having daily communication to be able to help each other in the case of emergency.
- Regional Disaster Prevention Plans are prepared in each residential area in case of disaster. Please actively participate in disaster prevention activities such as emergency drills held in each area.

▶ For details, please refer to the regional disaster prevention plan issued by each area.

