


# Long-Term Care Insurance Card

A Long-Term Care Insurance Card is issued to Category 1 and Category 2 Insured Individuals who apply for certification. You will need it when receiving long-term care services, so make sure to keep your card in a safe place at all times.

## ■ Sample Long-Term Care Insurance Card

 介護保険被保険者証 (1)	
番 号	
住 所	大阪市北区中之島1丁目3番20号
被 保 険 者 氏 名	介護 太郎
生 年 月 日	性 別
2 7 1 0 0 7	
保 險 者	大 阪 市 公 印
住 所 電 話	FAX
交 付 年 月 日	



## ■ You will need your card to:

- apply for certification for long-term care needs (new applications, certification renewal, change in care level);
- request a care service plan;
- receive long-term care services.

## 16 Types of Specific Illnesses

### Related to Aging

- |  |  |   |
|--|--|---|
| 1 Cancer*  | 7 Progressive supranuclear palsy, corticobasal degeneration, and Parkinson's disease | 12 Diabetic neuropathy, nephropathy, and retinopathy                                  |
| 2 Rheumatoid arthritis                                 | 8 Spinocerebellar degeneration   | 13 Cerebrovascular disease  |
| 3 Amyotrophic lateral sclerosis (Lou Gehrig's disease) | 9 Spinal canal stenosis  | 14 Obstructive arteriosclerosis   |
| 4 Ossification of posterior longitudinal ligament      | 10 Progeria  | 15 Chronic obstructive pulmonary disease  |
| 5 Osteoporosis with fracture                           | 11 Multiple system atrophy   | 16 Osteoarthritis with significant deformation in bilateral knee joints or hip joints |
| 6 Presenile dementia                                   |  |   |

\*Limited to a terminal condition which a physician diagnosed based on generally accepted medical knowledge (added in April 2006).