

In-Home Care Services

Home-Visit Care (Home Help Services)



Use when:

- you want someone to help you take a bath or use the bathroom.

A certified care worker or home helper visits your home to provide physical care and housekeeping support. They will also help you get into and out of vehicles, for example, when you visit the hospital.

- Physical care Assistance with bathing, going to the bathroom, changing clothes, eating, visiting the hospital, etc.
- Housekeeping support Cleaning, laundry, shopping, serving and preparing meals, etc.

Note: If you are living with someone, these services may not be available. Check with your care manager beforehand.

- Hospital visit assistance..... Assistance with getting into and out of vehicles for regular hospital visits



(Cost per visit for use of physical care services for 30–60 minutes or housekeeping support for 45 minutes or more)

Level of Care Required	Service Cost (100%)	User Cost (10%)	User Cost (20%)
Physical care*	4,314 yen	432 yen	863 yen
Housekeeping support*	2,502 yen	251 yen	501 yen
Hospital visit assistance	1,078 yen	108 yen	216 yen

Services not covered by insurance

- Cleaning for someone else's room, yard work, or general house cleaning, etc.
- Check with your service provider or care manager for details.

*For the use of services provided in the early morning (6:00-8:00) or at night (18:00-22:00), an additional 25% fee will be charged, as well as an additional 50% fee for services provided late at night (22:00-6:00).

Preventive Care Services (Support Level 1 and 2)

(Cost per month. Monthly fee is charged even if used only once.)

Level of Care Required	Service Cost (100%)	User Cost (10%)	User Cost (20%)
Once a week	12,988 yen	1,299 yen	2,598 yen
Twice a week	25,965 yen	2,597 yen	5,193 yen
More than twice a week (only for Support Level 2)	41,188 yen	4,119 yen	8,238 yen

Note: Hospital visit assistance is not available.

Community-Based Service

Regular/Need-Based Home-Visit Care and Nursing

Care workers and nurses, etc. provide a 24-hour service through regular or need-based visits so that you can stay in the comfort of your home throughout the day and night.

This service was introduced in FY2012.

(Not available for Support Level 1 and 2.)

Use when:

- you need 24-hour assistance.



Level of Care Required	Service Cost (100%)	User Cost (10%)	User Cost (20%)
Care Level 1 to 5 Combined (care)	62,916 yen~285,272 yen	6,292 yen~28,528 yen	12,584 yen~57,055 yen
Care Level 1 to 5 Combined (care and nursing)	91,795 yen~326,916 yen	9,180 yen~32,692 yen	18,359 yen~65,384 yen
Care Level 1 to 5 Collaborative (care)	62,916 yen~285,272 yen	6,292 yen~28,528 yen	12,584 yen~57,055 yen
Care Level 1 to 5 Collaborative (care and nursing)	95,554 yen~317,909 yen	9,556 yen~31,791 yen	19,111 yen~63,582 yen