# **Childbirth Matters**

# Necessary Procedures after Childbirth

## Notification of Birth

Submit within <u>14 days</u> including the day the baby is born.



Counter No. 15, Ward Office 1F 🕿 06-6977-9961

#### Child Allowance

Children Medical Expenses Assistance

Be careful!

Provided until the 3<sup>rd</sup> year of junior high school.

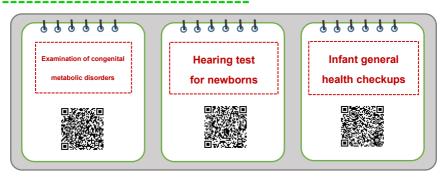


Partial subsidy for medical expenses until age18.



#### Counter No. 23, Ward Office 2F 🕿 06-6977-9156

# Protect Your Baby's Health!



#### Sudden Infant Death Syndrome (SIDS)

Do not let babies sleep on their back, but turn them over so that you can see their face.

#### Shaken Baby Syndrome

Babies' brains are very soft, so shaking them violently can cause severe shock and

damage. This can lead to serious disabilities or even death.

# When You Need Support

### **Postnatal Care Project**

Care for babies and mothers up to 1 month after birth at medical institutions and midwifery centers.



Health and Welfare Division, Ward Office 2F 🕿 06-6977-9882

# Home visitations for expectant and nursing mothers • newborns

Visits homes of expectant and nursing mothers, parents, and children up to the 3-month health checkup.



Health and Welfare Division, Ward Office 2F 🙆 06-6977-9882

#### **Dispatch of Angel Supporters**

#### (Higashinari Mother and Child Association)

Provides assistance for household chores up to 4 months after childbirth.



#### Health and Welfare Division, Ward Office 2F S 06-6977-9156

We will support you too!

# **Higashinari Midwives Association**

Let's solve your worries before and after childbirth together.



# **Higashinari Mother and Child Association**

Dispatches Angel Supporters.

