

Parenting Matters



For You and Family Who Are Committed to Parental Care

As your child grows day by day, although they are cute, life gets busy and not always fun. Raising a child is not something you should do alone, but should be supported by family, friends, and the community.

So, Let's Get Started!

Vaccinations

An introduction to the basics, BCG vaccination schedule, and institutions that provide other vaccinations. Please consult the Vaccination Handbook to plan your child's vaccinations.



Health Consultation Room, Ward Office 2F ☎ 06-6977-9968

Giving baby food

With illustrations, you will know when to start and how much to give the baby food. You can also watch a video of how to make porridge.



Baby food seminar

Talks by nutritionists, cooking demonstrations, interaction with other parents, and personal consultations are available.



Nutritionist, Ward Office 2F ☎ 06-6977-9882

We Watch Over and Support Your Child's Health and Development!

Infant Medical Checkups

Infant medical checkups are a good opportunity to learn about your child's health and development and to think about how to raise your child in the future. We will monitor the health and development of each child through physical measurements, medical examinations, and childcare consultations by public health nurses.

We will send you individual notices when your child is due for checkups, so don't forget to take them!

3-month-olds

This is the time of striking development in both body and mind. Let's see how much have your children grown since they were born.

1-year-and-6-months-olds

This is the time when children become more and more active. Dental checkups and fluoride application available on request.

3-year-olds

This is the time when children's ego begins to grow, their individuality begins to show, and they begin to rebel more often. We can also consult with them about how they see and hear.

Each child grows at a different pace and has different personality traits. We would like to guide your child's growth while valuing their strengths. If you feel anxious about your child's development or growth, or find it difficult to raise your child, do not worry about it alone, please feel free to contact us.

Clinical Psychologist • Public Health Nurse ☎ 06-6977-9968

My child loves
○○ but cries a
lot without it.

My child is very
energetic but
seems restless.

I get what my child wants to
say from the expression, but
my child doesn't speak well...

