

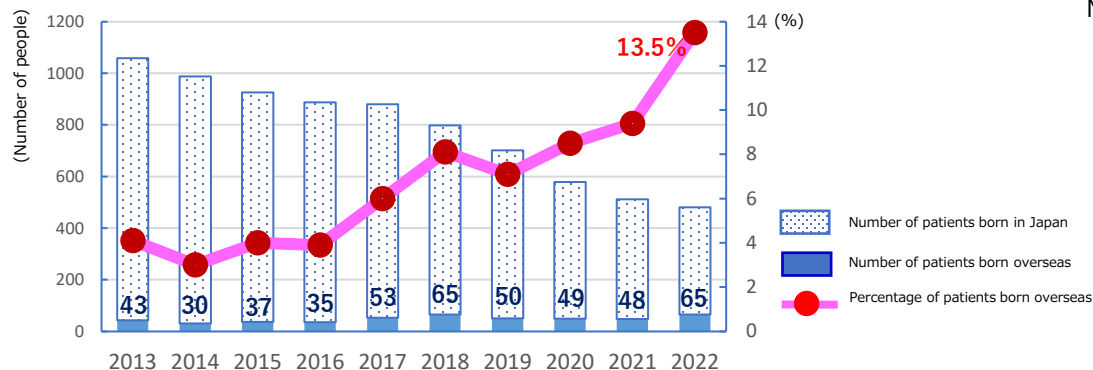
Tuberculosis(TB) is a serious **infectious disease** in Japan and globally.

Number of TB patients born outside of Japan has been increasing.

In Osaka, the number of TB patients born overseas has been increasing.

One out of 8 TB patients was born overseas.

Osaka City: Number of TB patients born overseas as a percentage of total number of TB patients

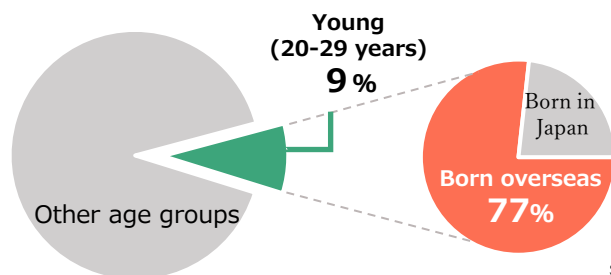


Source: Tuberculosis Surveillance Center, the Research Institute of Tuberculosis, Japan Anti-Tuberculosis Association

TB patients born overseas are young.

Among TB patients diagnosed in Osaka City in 2022, **approx. 80 percent** were born overseas in the age group **20 to 29 years**.

Osaka City: Breakdown of TB patients (2022)



Statistics from TB registration data

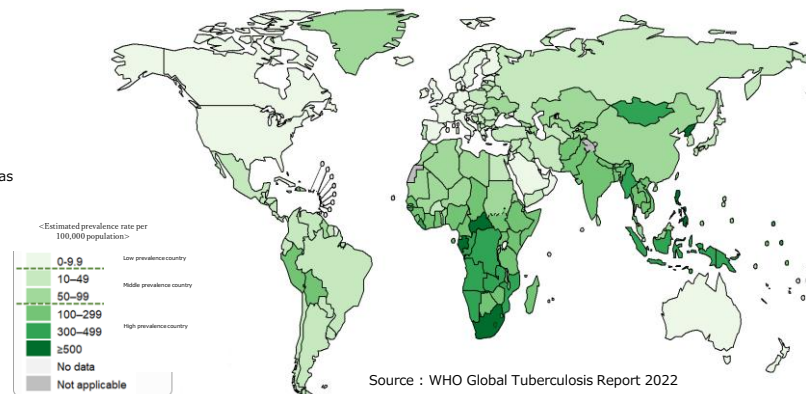
About 1/4 of the global population is infected.

In particular, TB is spreading in Asia.

Japan became a low prevalence country for TB in 2021, though more than 10,000 cases have been reported in a year.

Even now, many TB cases are being reported in Asian countries.

Most Asian countries are middle to high prevalence countries for TB.



For Foreigners



For information on tuberculosis

Check the website ▶ https://www.jatahq.org/about_tb/qa



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|--------------|--------------|-----------|-------------|
| • English | • Portuguese | • Spanish | • Mongolian |
| • Chinese | • Tagalog | • Hindi | • Russian |
| • Korean | • Burmese | • Nepali | |
| • Indonesian | • Vietnamese | • Thai | |

Telephone consultations for TB patients from overseas **free of charge**

- | | | | |
|--------------|-----------|----------|-----------|
| • English | • Chinese | • Nepali | • Burmese |
| • Vietnamese | • Korean | | |

TEL:03-3292-1219 Tuesday every week 10:00-12:00/13:00-15:00

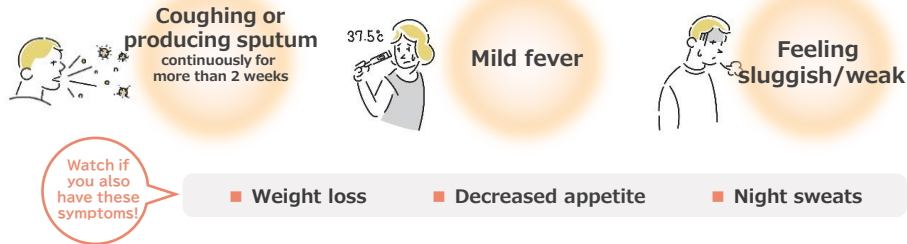
5 Q&A about tuberculosis

Q1 What is tuberculosis (TB)?

A1 An infectious disease caused when bacteria enter the lungs. The disease may also cause lesions in other organs including lymph nodes, bones/joints, and kidneys, or sometimes spread throughout the body via the blood.

Q2 What are the symptoms of TB?

A2 If you have any of the following symptoms, see a medical doctor early.



Q3 How does TB spread?

A3 When a person with TB coughs or sneezes, small droplets containing TB bacteria spread through the air. When others inhale the TB bacteria, they become infected. That is called “airborne infection”.

Q4 Is tuberculosis curable?

A4 Even if you are diagnosed with TB, you will be cured as long as you take multiple medications every day for 6 to 9 months. Once you are considered no longer infectious, you can go to school and work while seeing a doctor regularly.



- Medical fees for TB treatment are covered by public funds for which you can apply.
- Healthcare organizations and health and welfare centers work together to ensure TB patients continue taking medication.



Q5 What should I do in my daily life?

A5 Keep regular hours to prevent compromising your immune system.

- Moderate exercise
- Sufficient sleep
- Do not smoke
- Eat nutritious, balanced meals

Have a health check (chest X-ray) at least once a year to find out if you are infected by TB.



Osaka City TB health checks!

No appointment necessary

Free

For citizens 15 years or older who are unable to receive health checks at school or work.

Place: Health and welfare center in your ward.

Service: Chest X-ray

Please check Osaka City's website for places and dates/times. ▶

Osaka City TB health check

Language

