



# Information on Testing for HIV/AIDS and Testing for Other Sexually Transmitted Diseases (STDs) in Osaka City

2022. 4. 1~2023. 3. 31  
(English)



## Attention

- HIV test is required. Separate test for only Syphilis, Chlamydia, or Hepatitis B cannot be conducted.
- Test is free and anonymous. Result will be notified directly to the concerned individual. Result will not be disclosed by telephone call, email, or post.
- Those who are already receiving HIV/AIDS treatment are not eligible for this test. Please consult with your doctor.
- For necessary safety measures, please wear a mask and thoroughly sanitize your hands.
- If you are experiencing fever, coughing, or have respiratory symptoms, please refrain from getting tested.



City of Osaka's Information on  
Testing for HIV/AIDS

### [Ward Offices (Public Health and Welfare Centers)] Appointment not required

Testing Venue / Location / Contact	Nearest Station	Test Type	Return of Result	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Kita Ward Public Health and Welfare Center</b> 2-1-27 Ogimachi, Kita-ku TEL: 06-6313-9882	JR Loop Line Temma Station OR Osaka Metro Sakaisuji Line Ogimachi Station (Exit 2-B)	HIV Syphilis Chlamydia (Regular Test)	(*1) 1 week later of the same day / hour (Change of date is possible) (Regular Test)	9:30 ~ 11:00	—	14:00 ~ 15:30	—	9:30 ~ 11:00
				—	9:30 ~ 11:00	9:30 ~ 11:00	9:30 ~ 11:00	—
<b>Chuo Ward Public Health and Welfare Center</b> 1-2-27 Kyutaro-machi, Chuo-ku TEL: 06-6267-9882	Osaka Metro Sakaisuji Line / Chuo Line Sakaisuji-Hommachi Station (Exit 3)	HIV only (Rapid Test)	(*2) 2 weeks later from appointed day (Rapid Test)	14:00 ~ 15:30	9:30 ~ 11:00	—	—	—
<b>Yodogawa Ward Public Health and Welfare Center</b> 2-3-3 Juso-higashi, Yodogawa-ku TEL: 06-6308-9882	Hankyu Railway Juso Station (East Exit)			—	—	—	—	1st Friday only 14:00 ~ 15:00
<b>Chuo Ward Public Health and Welfare Center</b> 1-2-27 Kyutaro-machi, Chuo-ku TEL: 06-6267-9882	Osaka Metro Sakaisuji Line / Chuo Line Sakaisuji-Hommachi Station (Exit 3)			—	—	—	—	—

#### ★Point to note on return of test result

- (\*1) If overlapping with Golden Week, Year-end/New Year, and other public holidays, return of test result may be more than 1 week.
- (\*2) If rapid test results to “another test required”, the final result could be returned about 1 week after the designated date.

#### ★Testing not available on following days

If normal testing day falls on a holiday or during Year-end/New Year holidays (office closure day), then testing is not offered.

#### ★ (\*3) Kita Ward Night-time Testing Days in 2022

Available from 6PM to 8PM on July 29 (Fri.), September 30 (Fri.), and November 25 (Fri.); 100 applicants (in order of arrival)

### [Communication Hub of Testing, Counseling and Support “chotCAST”] By Appointment (No appointment needed on Tuesdays) Limit: 50

Testing Venue / Location / Contact	Nearest Station	Test Type	Return of Result	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>Communication Hub of Testing, Counseling and Support “chotCAST”</b> 21 Shinsaibashi Bldg. 4F 1-7-30 Higashi-Shinsaibashi, Chuo-ku [Inquiries] TEL: 06-4708-5035 ※Only available during testing hours	Osaka Metro Midousuji Line Shinsaibashi Station (Exit 5 or 6) OR Osaka Metro Sakaisuji Line Nagahoribashi Station (Exit 7)	HIV Syphilis Hepatitis B (Regular Test)	(*4) 1 week later of the same day (Regular Test)	—	18:00 ~ 19:50 No appointment required (Order of arrival)	—	—	—	—	—
		HIV Syphilis Hepatitis B (Rapid Test)	(*5) 1-2 hours later on the appointed day (Rapid Test)	—	—	—	18:00 ~ 19:30 (Appointment required) (*6)	—	14:00 ~ 15:30 (Appointment required) (*6)	14:00 ~ 15:30 (Appointment required) (*6)

#### ★Point to note on return of test result

- (\*4) In principle, the result of regular test returns about one week later of the same day from the appointed day.

If this presents any inconvenience or concern, please consult with us.

- (\*5) If rapid test results to “another test required”, the final result could be returned about 1 week after the designated date.

#### ★Testing not available on following days

Tuesdays - May 3, 2022, January 3, 2023, and March 21, 2023

Thursdays - May 5, 2022, August 11, 2022, November 3, 2022, December 29, 2022, and February 23, 2023

Saturdays - August 13, 2022, December 31, 2022, and February 11, 2023

Sundays - August 14, 2022 and January 1, 2023

#### ★(\*6) Making appointment with chotCAST

Appointments can be made on the chotCAST website.

Appointments are accepted from 13 days 12:00 AM until 2 days 11:59 PM prior to the actual testing date.

(For example: Testing on April 16, appointment request can be made within April 3 12:00 AM to April 14 11:59 PM.)



(Check back side too)

## Testing Q&A

### Q 1: How are tests conducted?

A 1: For HIV, Syphilis, and Hepatitis B, a blood test is conducted. (Note: No dietary restriction is needed.)  
For Chlamydia, a urine test is conducted. (Note: To collect urine sample, one hour must have elapsed since your last urination.)

### Q 2: How should tests be taken on a timely basis?

A 2: In the early phase of STD, testing may not necessarily detect if you are infected and there is the factor of individual differences. This is known as the window period. If there has been exposure to infection, please be aware of the following window periods:

- HIV: 4 to 8 weeks (Definitive diagnosis is possible if more than 3 months have passed since the risk of infection.)
- Syphilis: 3 to 4 weeks
- Chlamydia Infection: 3 days to 3 weeks
- Hepatitis B: Approx. 2 months

※You can select to get tested quickly, but it is highly recommended that you take additional tests just to make sure.

### Q 3: (I may have a STD.) What should I do if I experience symptoms?

A 3: If you have symptoms, please get checked at designated medical facility. Applicable medical departments are urology (for men), gynecology (for women), dermatology, and venereology.

On the Osaka Medical Facilities Information System, you can search for hospitals and clinics. →

For information regarding suspected STD symptoms, please check the City of Osaka's website.



### Q 4: I want to have a consultation!

A 4: 【Consultation with Public Health Nurse】 Osaka City Public Health Office / TEL: 06-6647-0656

Or at each ward's public health and welfare center

【Multilingual Phone Consultation on HIV/AIDS with NPO】 Center for Health and Rights of Migrants (CHARM) / TEL: 06-6354-5901

Tuesdays – English, Spanish, and Portuguese

Wednesdays – Chinese

Thursdays – English

※Hours: 4 PM to 8 PM (Excludes December 28 to January 4)

【AIDS Consultation】 Appointment not required

- Kita Ward Public Health and Welfare Center - 1<sup>st</sup> & 3<sup>rd</sup> Wednesdays, 2 PM to 4 PM
- Chuo Ward Public Health and Welfare Center - 1<sup>st</sup> & 3<sup>rd</sup> Thursdays, 9:30 AM to 11:30 AM



### Q 5: What happens if I test positive for HIV?

A 5: If your HIV test result is positive, please get explanation from the doctor. A referral will be given. Moreover, when your result has returned, support will be provided with the process of scheduling first appointment to a designated medical facility. (It is essential to check for viral load, level of immunity, other complications, as well as necessity of taking any medications.)

- Presently, the best route is to start with proper treatment (by taking prescribed antiretroviral medicines) at the earliest stage. By continuing with this treatment, it can prevent the virus from replicating in the body, and this allows to improve the longevity of one's life span just like people who are not infected with the virus. So it is possible to maintain the same daily lifestyle.
- There is a system to reduce cost of treatment expenses. For financial concerns, please consult with hospital's social workers.
- Have you heard of U=U? If an individual receives proper treatment, and undergoes HIV tests regularly that indicates "Undetectable" viral load for an extended period; this means HIV is "Untransmittable" so they cannot pass on the virus during an act of sexual intercourse.

### Q 6: What happens if I test positive for Syphilis, Chlamydia, or Hepatitis B?

A 6: If tested positive, please get explanation from public health nurse or doctor, and then they will make a referral for you.

### Q 7: I want to learn more about HIV and other STDs!

A 7: The City of Osaka's website provides information on STDs, testing, and consultations. Also get late updates from "Osaka City Public Health Office's Navigation System on HIV/STDs" Twitter account

