



# HIV and other sexually transmitted disease testing information

Reiwa 7 edition

- HIV test is **required**. Separate test for only Syphilis, Chlamydia, or Hepatitis B cannot be conducted.
- Test is **free and anonymous**. Result will be notified directly to the concerned individual.  
Moreover, test result will not be disclosed by telephone call, e-mail, or post.
- In case you have a fever, or respiratory symptoms such as coughing, please refrain from getting tested.
- **For latest information, please check website or make an inquiry.**

(City of Osaka Testing Info.)



Test Venues / Contact	Nearest Station	Test Type	Result Date	Appointment	Mon.	Tue.	Wed.	Thu.	Fri.	Sat.	Sun.
<b>Kita Ward Office</b> (Public Health & Welfare Center) 2F TEL: 06-613-9882	JR Loop Line Temma Station OR Osaka Metro Sakaisuji Line Ogimachi Station Exit 2-B	Regular Test	HIV Syphilis Chlamydia  (*1) Result given about 1 week after taking test	Appointment not required	9:30 AM ~ 11:00 AM	—	2:00 PM ~ 3:30 PM	—	9:30 AM ~ 11:00 AM  (*3) Night-time testing	—	—
<b>Chuo Ward Office</b> (Public Health & Welfare Center) 2F TEL: 06-6267-9882	Osaka Metro Sakaisuji / Chuo Lines Sakaisuji-Hommachi Exit 3				—	9:30 AM ~ 11:00 AM	9:30 AM ~ 11:00 AM	9:30 AM ~ 11:00 AM	—	—	—
<b>Yodogawa Ward Office</b> (Public Health & Welfare Center) 2F TEL: 06-6308-9882	Hankyu Railway Juso Station East Exit				2:00 PM ~ 3:30 PM	9:30 AM ~ 11:00 AM	—	—	—	—	—
<b>Chuo Ward Office</b> (Public Health & Welfare Center) 2F TEL: 06-6267-9882	Osaka Metro Sakaisuji / Chuo Lines Sakaisuji-Hommachi Exit 3	Rapid Test	HIV Only  (*2) Result given on test day (about 2 hours after getting tested)		—	—	—	—	2:00 PM ~ 3:00 PM  (Test conducted every 1st Friday only)	—	—
<b>chot CAST</b> (Communication Hub of Testing, Counseling and Support) 21 Shinsaibashi Building 4F 1-7-30 Higashi-Shinsaibashi, Chuo-ku  [Inquiries on Testing] <b>Smart Life Clinic</b> TEL: 06-4708-5035 (Only available for testing hours)	Osaka Metro Midousuji Line Shinsaibashi Station Exit 5 and 6 OR Osaka Metro Sakaisuji Line Nagahoribashi Station Exit 7	Regular Test	HIV Syphilis Hepatitis B  (*2) Result given about 1 week after getting tested		—	6:00 PM ~ 7:50 PM  [Limit: 50 people] (order of arrival)	—	—	—	—	—
		Rapid Test	HIV Syphilis Hepatitis B  (*2) Result given on test day (about 1-2 hours after getting tested)	Appointment required	—	—	—	6:00 PM ~ 7:30 PM	—	2:00 PM ~ 3:30 PM	2:00 PM ~ 3:30 PM  (*5) Interpreter available

## ★ Important point to note for return of test result

- (\*1) If overlapping with Year-end/New Year break, Golden Week or other public holiday, return of test result may take more than 1 week.  
(\*2) If Rapid Test outcome is “another test required,” the final result could be returned about 1 week after the designated date.

## ★ Days/periods when testing is not available

No testing on public holidays, Year-end/New Year break, and government office closure days.  
In another case, chotCAST is closed on August 13 to August 15 due to *Obon* holiday.



## ★ Cases of suspension and cancellation of testing at ward offices

By not setting a fixed number of test takers at ward offices, the aim is to allow many individuals to get tested. However, in the cases of a large number of people gathering all at once for testing; the number of visitors greatly exceeding the anticipated number of test takers; natural disasters occurring; or decision was made not to conduct testing due to unsafe conditions; then without advance notice or announcement, registration for testing can be temporarily suspended or be cancelled completely.

## ★ (\*3) Kita Ward Night-time Testing (5<sup>th</sup> Friday) <Limit: 100 people (order of arrival)>

Testing date and time: May 30, August 29, October 31 in 2025 and January 30, 2026. 6:00 p.m. - 7:30 p.m.  
Venue: Public Health and Welfare Center, Kita Ward Office 1F

## ★ (\*4) [Appointment with chot CAST] Rapid Tests on Thursdays, Saturdays, and Sundays

Schedule appointments through the Smart Life Clinic’s “Website for HIV Test Reservations.”  
Registration period for appointment can be made two weeks in advance to one day before testing date.  
(e.g., for the inspection on Thursday, April 17, reservations can be made from Friday, April 4 at midnight until Wednesday, April 16 at 23:59)

## ★ (\*5) [Appointment with chot CAST] Interpreter support for those who have difficulty speaking in Japanese

“Rapid Test with Interpreter Support” once a month / Sunday 14:00~15:30  
Dates: April 6, May 11, June 1, July 6, August 3, September 7, October 5, November 2, December 7 in 2025 and January 11, February 1, March 1 in 2026. Available Languages: Chinese and Vietnamese  
Make appointment on the “Website for HIV Test Reservations.” If you have trouble using website, you can contact Multilingual Phone Consultation on HIV/AIDS (Refer to Q4★ on back of this page) to schedule appointment.  
Website: <http://www.smartlifeclinic.com/>

chot CAST  
Reservations

Website for HIV  
Test Reservations

Smart Life Clinic

(Testing information also listed on back of this page.)

# Q & A for Testing

## Q1: What are the testing methods?

- When checking for HIV, Syphilis, and Hepatitis B, a “blood test” is conducted. (No dietary restrictions required.)
- When checking for Chlamydia, a “urine test” is conducted.  
To increase accuracy of test result, please try to avoid urinating for about one hour before getting tested.

Collecting Urine Sample Video→



## Q2: When should I get tested?

When infection cannot be detected during early stage of STI, this is known as the “window period,” and conditions can vary by individual. Please be aware that any exposure to infection can result during the window period. Tests can be taken immediately, but it is highly recommended to take additional tests moving forward.



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- HIV: 4 to 8 weeks (Definitive diagnosis is possible if more than 3 months have elapsed since risk of infection.)  
※Those taking PrEP (pre-exposure prophylaxis medications) should be tested regularly.
- Syphilis: Regular Test (About 4 weeks); Rapid Test (About 12 weeks)
- Chlamydia: (About 3 days to 3 weeks)
- Hepatitis B: About 3 months

## Q3: (I may have a Sexually Transmitted Infection.) What should I do if I have symptoms?

If you are experiencing symptoms, do not get tested. Please get checked at a medical facility. Relevant medical departments are urology (for men), gynecology (for women), dermatology, and venereology. You can search for clinics and hospitals in Osaka Prefecture on the “Medical Information Net (Navii)”. Osaka Prefecture. For more information on suspected STI symptoms, please check the City of Osaka’s website.

(Osaka Medical Facilities Information System)



## Q4: I want to have a consultation!

### 【Multilingual Phone Consultation for HIV/AIDS】★

NPO CHARM (Center for Health and Rights of Migrants)  
TEL: 06-6354-5901  
Tuesdays: English, Spanish, and Portuguese  
Wednesdays: Chinese  
Thursdays: English  
\*Hours: 4:00 PM to 8:00 PM  
(Excludes December 28 to January 4 of next year)

### 【AIDS Consultation】Appointment not required

- Public Health & Welfare Center,  
Kita Ward Office  
1<sup>st</sup> & 3<sup>rd</sup> Wednesdays 2:00 PM to 4:00 PM
  - Public Health & Welfare Center,  
Chuo Ward Office  
1<sup>st</sup> & 3<sup>rd</sup> Thursdays 9:30 AM to 11:30 AM
- ※Excluding public holidays, year-end and New Year holidays

### 【Consultation with Public Health Nurse】

- Osaka City Public Health Office
- Each ward’s public health and welfare center

(City of Osaka Website)



(Check the City of Osaka’s website for consultation information.)→

## Q5: What happens if I test positive for HIV?

- If you tested positive for HIV, please receive explanation from a doctor. A referral will be given to you. Also, support can be offered in the process of consulting and scheduling first appointment to a designated medical facility.
- There is a system to reduce treatment expenses. For financial concerns, please consult with hospital’s social workers.
- In the past, HIV/AIDS was feared as a deadly disease. However, in our present society, breakthroughs in medical treatment have allowed people who have HIV to live just as long as people who have not contracted the disease. By receiving constant treatment, there are many people who are able to work and study on a daily basis.
- Have you heard of the “U=U” message? If an individual receives proper treatment, and undergoes HIV tests that indicate no sign of viral load for an extended period, this means it is “Undetectable.” Therefore, during an act of sexual intercourse they cannot pass on the virus, which makes HIV “Untransmittable.”



## Q6: What happens if I test positive for Syphilis, Chlamydia, or Hepatitis B?

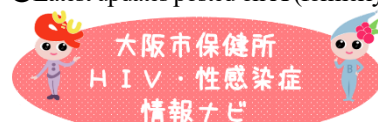
If you tested positive, please receive explanation from a doctor or public health nurse. After explanation, it is recommended that you get checked at a designated medical facility.

## Q7: I wish to learn more about HIV and other STIs!

- More details on the City of Osaka website



- Latest updates posted on X (formerly Twitter)



- Instagram 【osakacity\_hiv\_sti】



【Inquiries: Infectious Disease Countermeasures Department, Osaka City Public Health Office TEL: 06-6647-0656】