



Information on Testing for HIV/AIDS and Other Sexually Transmitted Infections (STIs)

FY2024 Version

(City of Osaka Testing Info.)



- HIV test is **required**. Separate test for only Syphilis, Chlamydia, or Hepatitis B cannot be conducted.
- Test is **free and anonymous**. Result will be notified directly to the concerned individual. Moreover, test result will not be disclosed by telephone call, e-mail, or post.
- In case you have a fever, or respiratory symptoms such as coughing, please refrain from getting tested.
- **For latest information, please check website or make an inquiry.**

Test Venues / Contact	Nearest Station	Test Type	Result Date	Appointment	Mon.	Tue.	Wed.	Thu.	Fri.	Sat.	Sun.
Kita Ward Office (Public Health & Welfare Center) 2F TEL: 06-6313-9882	JR Loop Line Temma Station OR Osaka Metro Sakaisuji Line Ogimachi Station Exit 2-B	Regular Test HIV Syphilis Chlamydia	(*1) Result given about 1 week after taking test	Appointment not required	9:30 AM ∩ 11:00 AM	—	2:00 PM ∩ 3:30 PM	—	9:30 AM ∩ 11:00 AM <small>(*3) Night-time testing</small>	—	—
					—	9:30 AM ∩ 11:00 AM	9:30 AM ∩ 11:00 AM	9:30 AM ∩ 11:00 AM	—	—	
Chuo Ward Office (Public Health & Welfare Center) 2F TEL: 06-6267-9882	Osaka Metro Sakaisuji / Chuo Lines Sakaisuji-Hommachi Exit 3	Regular Test HIV Syphilis Chlamydia	(*1) Result given about 1 week after taking test	Appointment not required	2:00 PM ∩ 3:30 PM	9:30 AM ∩ 11:00 AM	—	—	—	—	—
Yodogawa Ward Office (Public Health & Welfare Center) 2F TEL: 06-6308-9882	Hankyu Railway Juso Station East Exit				—	—	—	—	—	—	—
Chuo Ward Office (Public Health & Welfare Center) 2F TEL: 06-6267-9882	Osaka Metro Sakaisuji / Chuo Lines Sakaisuji-Hommachi Exit 3	Rapid Test	(*2) Result given on test day (about 2 hours after getting tested)	Appointment required	—	—	—	—	2:00 PM ∩ 3:00 PM <small>(Test conducted every 1st Friday only)</small>	—	—
chot CAST (Communication Hub of Testing, Counseling and Support) 21 Shinsaibashi Building 4F 1-7-30 Higashi-Shinsaibashi, Chuo-ku [Inquiries on Testing] Smart Life Clinic TEL: 06-4708-5035 (Only available for testing hours)	Osaka Metro Midotsuji Line Shinsaibashi Station Exit 5 and 6 OR Osaka Metro Sakaisuji Line Nagahoribashi Station Exit 7	Regular Test HIV Syphilis Hepatitis B	Result given about 1 week after getting tested		(*4) Appointment required	—	6:00 PM ∩ 7:50 PM <small>(Limit: 50 people order of arrival)</small>	—	—	—	—
		Rapid Test	(*2) Result given on test day (about 1-2 hours after getting tested)	Appointment required	—	—	—	6:00 PM ∩ 7:30 PM	—	2:00 PM ∩ 3:30 PM	2:00 PM ∩ 3:30 PM <small>(*5) Interpreter available</small>

★ **Important point to note for return of test result**

- (*1) If overlapping with Year-end/New Year break, Golden Week or other public holiday, return of test result may take more than 1 week.
- (*2) If Rapid Test outcome is “another test required,” the final result could be returned about 1 week after the designated date.

★ **Days/periods when testing is not available**

No testing on public holidays, Year-end/New Year break, and government office closure days. In another case, chotCAST is closed on August 13 to August 15 due to *Obon* holiday.



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★ **Cases of suspension and cancellation of testing at ward offices**

By not setting a fixed number of test takers at ward offices, the aim is to allow many individuals to get tested. However, in the cases of a large number of people gathering all at once for testing; the number of visitors greatly exceeding the anticipated number of test takers; natural disasters occurring; or decision was made not to conduct testing due to unsafe conditions; then without advance notice or announcement, registration for testing can be temporarily suspended or be cancelled completely.

★ **(*3) Kita Ward Night-time Testing (5th Friday) <Limit: 100 people (order of arrival)>**

Dates: May 31, August 30, November 29, 2024 and January 31, 2025 Time: 6:00 PM to 7:30 PM
Venue: Public Health and Welfare Center, Kita Ward Office 1F

★ **(*4) Appointment with chot CAST Rapid Tests on Thursdays, Saturdays, and Sundays**

Schedule appointments through the Smart Life Clinic’s “Website for HIV Test Reservations.”
Registration period for appointment can be made two weeks in advance to one day before testing date.
(e.g., Test for April 18 (Thu.), appointment can be made between April 5 (Fri.) 12:00 AM to April 17 (Wed.) 11:59PM)

★ **(*5) Appointment with chot CAST Interpreter support for those who have difficulty speaking in Japanese**

“Rapid Test with Interpreter Support” once a month / Sunday 14:00~15:30
Dates: April 7, May 12, June 2, July 7, August 4, September 1, October 6, November 10, December 1, 2024 January 5, February 2, March 2, 2025 Available Languages: Chinese and Vietnamese
Make appointment on the “Website for HIV Test Reservations.” If you have trouble using website, you can contact Multilingual Phone Consultation on HIV/AIDS (Refer to Q4★ on back of this page) to schedule appointment.
Website: <http://www.smartlifeclinic.com/>

chot CAST Reservations

Website for HIV Test Reservations



Smart Life Clinic

(Testing information also listed on back of this page.)

Q & A for Testing

Q1: What are the testing methods?

- When checking for HIV, Syphilis, and Hepatitis B, a “blood test” is conducted. (No dietary restrictions required.)
- When checking for Chlamydia, a “urine test” is conducted.
To increase accuracy of test result, please try to avoid urinating for about one hour before getting tested.

Collecting Urine Sample Video→



Q2: When should I get tested?

When infection cannot be detected during early stage of STI, this is known as the “window period,” and conditions can vary by individual. Please be aware that any exposure to infection can result during the window period. Tests can be taken immediately, but it is highly recommended to take additional tests moving forward.



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- HIV: 4 to 8 weeks (Definitive diagnosis is possible if more than 3 months have elapsed since risk of infection.)
- Syphilis: Regular Test (About 4 weeks); Rapid Test (About 12 weeks)
- Chlamydia: (About 3 days to 3 weeks)
- Hepatitis B: About 3 months

Q3: (I may have a Sexually Transmitted Infection.) What should I do if I have symptoms?

If you are experiencing symptoms, do not get tested. Please get checked at a medical facility. Relevant medical departments are urology (for men), gynecology (for women), dermatology, and venereology. On the Osaka Medical Facilities Information System, you can search for hospitals and clinics located in Osaka Prefecture. For more information on suspected STI symptoms, please check the City of Osaka’s website.

(Osaka Medical Facilities Information System)



Q4: I want to have a consultation!

【Multilingual Phone Consultation for HIV/AIDS】★

NPO CHARM (Center for Health and Rights of Migrants)

TEL: 06-6354-5901

Tuesdays: English, Spanish, and Portuguese

Wednesdays: Chinese

Thursdays: English

*Hours: 4:00 PM to 8:00 PM

(Excludes December 28 to January 4 of next year)

【AIDS Consultation】Appointment not required

• Public Health & Welfare Center,
Kita Ward Office
1st & 3rd Wednesdays 2:00 PM to 4:00 PM

• Public Health & Welfare Center,
Chuo Ward Office
1st & 3rd Thursdays 9:30 AM to 11:30 AM

※Excluding public holidays, year-end and New Year holidays

【Consultation with Public Health Nurse】

- Osaka City Public Health Office
- Each ward’s public health and welfare center

(City of Osaka Website)



(Check the City of Osaka’s website for consultation information.)→

Q5: What happens if I test positive for HIV?

- If you tested positive for HIV, please receive explanation from a doctor. A referral will be given to you. Also, support can be offered in the process of consulting and scheduling first appointment to a designated medical facility.
- There is a system to reduce treatment expenses. For financial concerns, please consult with hospital’s social workers.
- In the past, HIV/AIDS was feared as a deadly disease. However, in our present society, breakthroughs in medical treatment have allowed people who have HIV to live just as long as people who have not contracted the disease. By receiving constant treatment, there are many people who are able to work and study on a daily basis.
- Have you heard of the “U=U” message? If an individual receives proper treatment, and undergoes HIV tests that indicate no sign of viral load for an extended period, this means it is “Undetectable.” Therefore, during an act of sexual intercourse they cannot pass on the virus, which makes HIV “Untransmittable.”



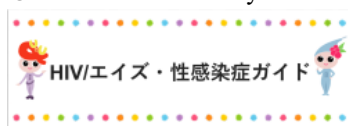
Q6: What happens if I test positive for Syphilis, Chlamydia, or Hepatitis B?

If you tested positive, please receive explanation from a doctor or public health nurse.

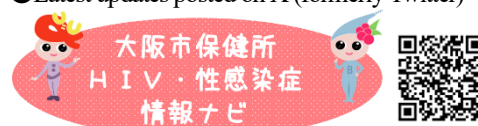
After explanation, it is recommended that you get checked at a designated medical facility.

Q7: I wish to learn more about HIV and other STIs!

● More details on the City of Osaka website



● Latest updates posted on X (formerly Twitter)



● Instagram [osakacity_hiv_sti]

