What is Mpox ?

Several countries mainly in European and North American regions where Mpox is non-endemic have reported cases since May 2022.

What is Mpox ?

- Mpox is a disease caused by the virus.
- Basic symptoms are fever, rash and swollen lymph nodes. Symptoms usually last for several weeks and heal without specific treatments.
- The symptoms appear similar to other rash causing diseases such as chicken pox.

What are the symptoms ?

- Observe rashes or blisters, regardless of your body part, especially the face, mouth, hands, feet, anus, genitals and buttocks.
- Fever and headache can also be a sign of infection.

How does Mpox spread ?

- Mpox mainly spread through: a) contact with infected skin lesions, body fluids or blood (including sexual contact), b) close contact with patients and prolonged exposure to droplets, c) contact with bedding used by patients.

If I have symptoms ?

- Consult the nearby clinic.
- When you visit the clinic, cover your rash with gauze or clothing, and wear a mask.

Resources

- Questions and Answers (WHO)：https://www.who.int/news-room/questions-and-answers/item/monkeypox
- Fact sheet (WHO)：https://www.forth.go.jp/topics/fragment5.html
- MHLW HP：https://www.mhlw.go.jp/stf/seisakunitsuite/bunya/kenkou/kekkaku-kansenshou19/monkeypox_00001.html