

# Thinking in Advance about Assistance in the Event of a Disaster

It's important to consider who (aid-providers) will provide what (form of assistance) to whom (people requiring special consideration) before disaster strikes. People might require special consideration for various reasons, for example if they can't evacuate, obtain disaster information, or seek aid on their own. Think about what type of assistance to provide based on a consideration of each individual's unique circumstances.



For example, this sort of consideration might be necessary, depending on the person's condition.

\*These are only a few examples. Think about what other types of consideration might be necessary.

## People with a disability or people who have difficulty communicating



I can't hear public safety announcements or sirens. I can't call for help in the event of an emergency.

Prepare tiles of letters for writing, sign language cards, or other suitable tools of communication.

## People with visual impairments or people who have difficulty communicating



I don't know what to do.

I can't see obstacles.



Determine who will provide guidance so that the person can evacuate.

## People who have difficulty getting around due to a physical disability

I can't move quickly.



Prepare a wheelchair, stretcher, or other suitable means of movement.

## People who are prone to anxiety



I can't remain calm.

Check the names and doses of any medication they use regularly.

## People who are pregnant or caring for infants



I'm worried whether I'll be able to move quickly with my child.

Before any emergency, think about how you'll contact family members in the event of a disaster, whether you've prepared a supply of baby food for use in an emergency, and other considerations so that you can move to safety immediately.

## Elderly people and people with an internal disorder

I'm weak due to an illness.



Check with the person's physician.

## Foreign people

I don't know what to do.



Before any emergency, check the website of a multilingual disaster support center or other facility offering disaster information for foreign people, the locations of shelters, and other information.