

# Participate in Your Community's Disaster Prevention Activities!

Disaster prevention workshops and drills have been held in each region based on the risks specific to those regions. Let's not just talk, but actually participate in disaster-related workshops where we can all work together and share information. For more information, contact the Disaster Preparedness Desk in your ward office.

## 1 Emergency Drills

Emergency drills rehearse real disasters and give instructions on what to do; the drills are for establishing and operating evacuation centers and for escaping from tsunamis.



## 2 Disaster Map Exercise

Look at the map and talk about what to do in an emergency. Find the evacuation routes, dangerous areas, and places that can facilitate rescues in case of earthquakes or flooding. Write down the actions to take in case of any possible disasters. By doing this, you can see the strengths and weaknesses of the region in regard to disasters.



## ★ Regional Emergency Leaders

Regional emergency leaders take the initiative in case of emergencies to guide neighborhood residents in initial firefighting and rescue. Usually they work with the locals to learn about how prepared they are for a disaster.



## 3 Walking around Town

Based on the map, take a walk around your neighborhood and check its strengths and weaknesses.



## 4 Disaster Map of the Region

On the map, mark any dangerous roads, old signs, and other hazards that you saw during your walk.



## 5 Disaster Preparedness Plan for Your Region

Develop a Regional Disaster Preparedness Plan that includes the role of regional volunteer groups based on the risks to your region and specific evacuation methods.



(Refer to the Disaster Preparedness Plans of Osaka City in the beginning of this book.)

# Voluntary Disaster Preparedness Systems Are Important

Severe disasters can cause different types of damage such as fires and highway disruptions across a wide range of regions. That means we have to cooperate with each other to mitigate the damage. Volunteer disaster preparedness organizations are groups of local people whose common purpose is disaster prevention. In their regions, these organizations hold lectures on disaster prevention, conduct various drills, and in an emergency, organize the initial rounds of firefighting, rescue, first-aid, evacuations, and support for those in need of evacuation assistance.



# Disaster prevention measures in condominiums (apartment buildings)

In the event of a large-scale disaster, lifelines are likely to be disrupted in condominiums, and it will be necessary to take measures such as secure water and food until restoration is complete, as well as to provide living support for those living on upper floors. In order to support people's daily lives during this time, mutual support activities led by the management association and voluntary disaster prevention organizations are indispensable. In order to maintain life in a condominium through "self-help" and "mutual-help" in times of emergency, daily activities and communication have a great impact. It is advisable to participate in daily voluntary disaster relief activities as much as possible.