

At the Shelter

- ◆ Help those with visual disabilities to identify the location of the toilet, water, and other key places. If there are temporary outdoor toilets, make sure that they are easy to reach; for example, if they are placed against a wall, the wall can be used as a guide.
- ◆ For people with hearing impairments, write down any necessary information.
- ◆ Make sure that there are rooms and other spaces that allow wheel chairs to pass through.
- ◆ For those unable to understand the changes in the environment and who become very upset, use simple words, letters, pictures, photographs, etc. to explain about the shelter in a way that they can easily understand. Talk to them slowly so that they feel less anxious.
- ◆ For non-Japanese people who do not understand Japanese, help to facilitate communication by writing the information in multiple languages.
- ◆ Consider the differences in the needs of men and women and support for diverse sexualities such as LGBT. For example, consider creating women-only spaces such as changing rooms, nursing rooms, and infant rooms should be provided, creating study spaces for children, and women`s products should be distributed by women.
- ◆ There may be differences in basic lifestyles between Japanese and non-Japanese people, so we need to try to understand each other.



Support Plan (for those who may have difficulty evacuating by themselves)

Name		Address	
		TEL	FAX
●Reasons help is needed (i.e. Degree of nursing care required, grade of disability certificate, specific symptoms)			
●Evacuation procedures in case of a disaster			
Rescue- assistant	Name	Address	TEL FAX
	Name	Address	TEL FAX
●Family doctor			
●Other doctors who can treat your medical condition			
Family member in your home	Name	Relationship	Name Relationship
	Name	Relationship	Name Relationship
Emergency contact	Name	Relationship Address	TEL
	Name	Relationship Address	TEL

- Ask someone who will be assisting you during emergencies to keep a copy of this for you