Helping our neighbors is important, too!



 Yell out to your neighbors and make sure they are safe. (See pages 27-28 for those who need assistance.)



If someone is trapped under a building or heavy furniture, get your neighbors to help rescue them. Pay attention to gas leaks, short circuits, and aftershocks.



- Families should bring food and drinks to share with each other while being careful about aftershocks.
- If someone is injured, administer first aid. (See pages 35-36 for first aid techniques.)

Take anyone who is seriously injured to a hospital or first aid station.



- If a fire starts, use fire extinguishers or portable pumps and work with your neighbors to put it out.
- Shovels, ropes, bars, etc. are useful for rescuing people. Use any tools or equipment you have at home and the rescue equipment in elementary and junior high schools and parks.
- Crimes can be committed during disasters. If the situation warrants it, keep your local area safe by taking turns walking around together and keeping an eye on the things.

Preventing Earthquake Fires and Secondary Accidents

[Be on the Lookout for Short Circuits and Gas Leaks]

When electricity is restored, fires may start due to electricity surging through damaged wires or to electric appliances that are still on. If your house does not have a seismic breaker, be sure to turn off the electricity before evacuating, and turn off the main gas valve to prevent a secondary disaster.



*If you have young children, make sure that they don't fall into the bathtub.

[If Something Catches Fire]

Put out the fire immediately using fire extinguishers or something else. If the ceiling is already on fire, do not try to use fire extinguishers. Inform your neighbors of the fire immediately.



[Keep Away from Damaged Houses and Cement Block Walls]

High risk places are evaluated and places marked in red are too dangerous to enter. Stay away from those places to prevent secondary accidents.

*See page 33.

^{*}See page 34 for information on putting out fires and evacuation.