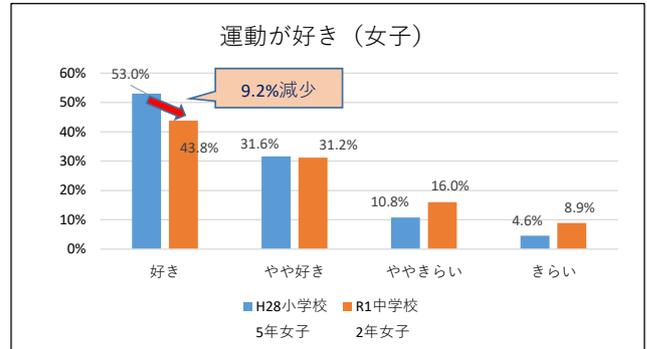
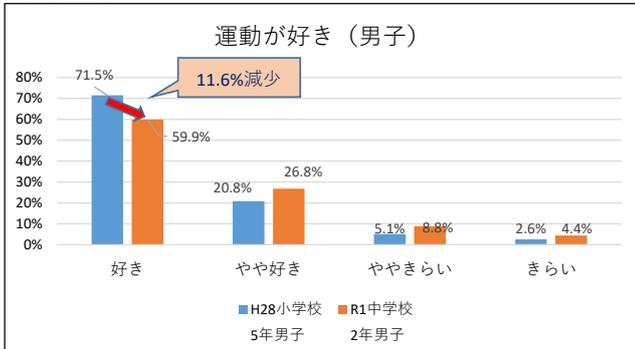


生徒児童質問紙から見える回答の割合の変化（平成28年度小学校5年生→令和元年度中学校2年生）

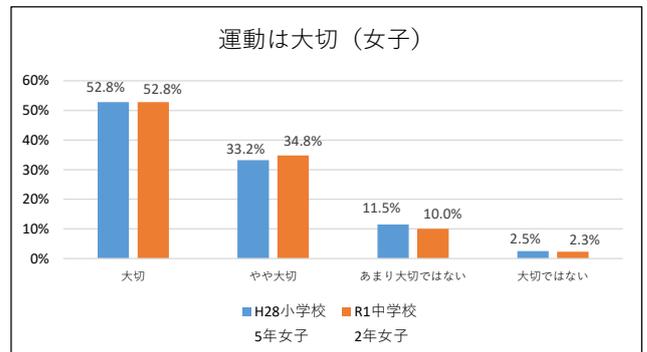
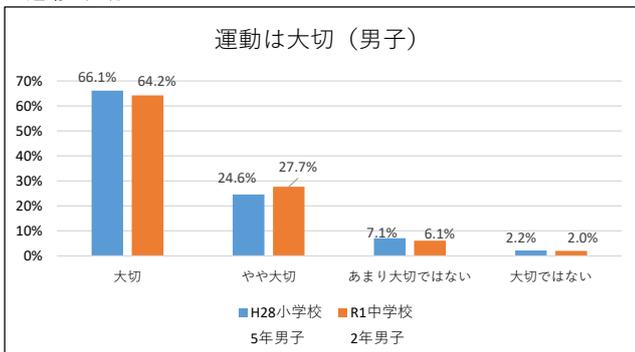
《大きく変化した項目》

- 「1週間の総運動時間」の割合が男女とも増加
- 「授業の始めに、授業の目標が示されている」割合が女子で増加
- 「授業の最後に今日学んだ内容を振り返る活動を行う」割合が女子で増加
- 「運動やスポーツをすることが好き」の割合が男女とも減少
- 「朝食を毎日食べる」割合が女子で減少
- 「睡眠時間」の割合が男女とも減少
- 「スクリーンタイム」の割合が男女とも増加
- 「保健体育授業が楽しい」の割合が男女とも減少
- 「友達同士やチームの中で話し合う活動」の割合が男子で減少
- 「難しいことでも、失敗を恐れなくて挑戦する」割合が男女とも減少
- 「自分には、よいところがある」割合が男女とも減少

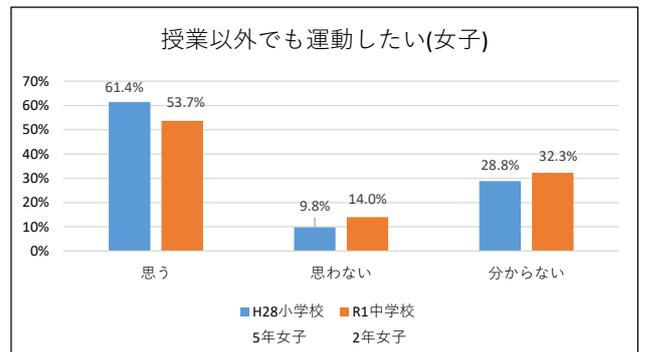
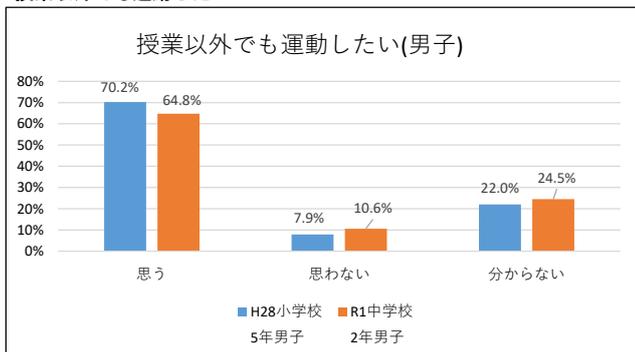
運動が好き



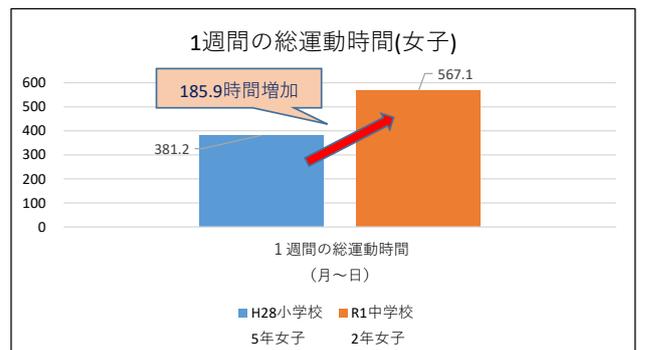
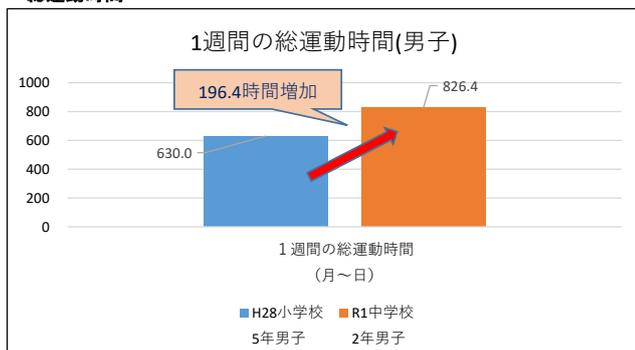
運動は大切



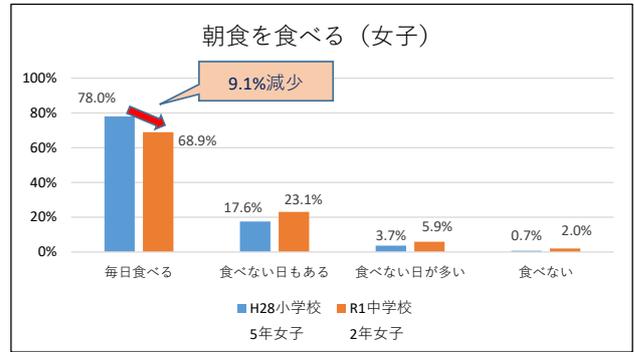
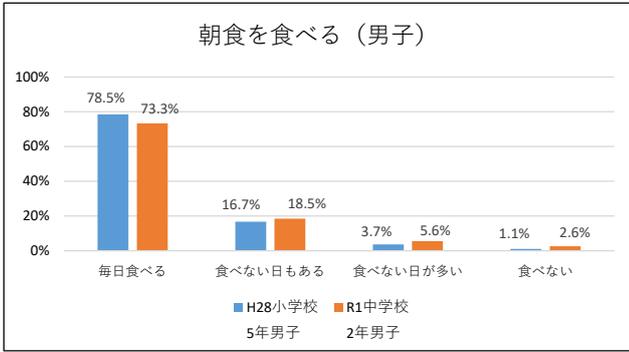
授業以外でも運動したい



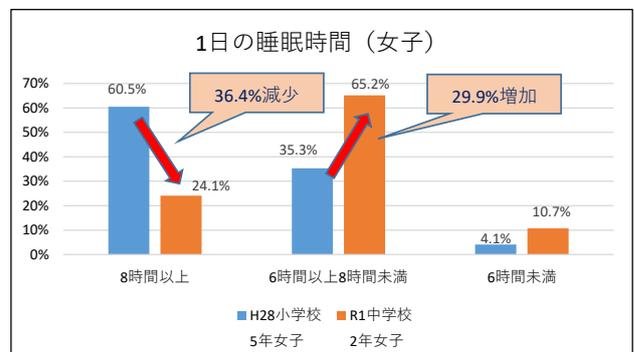
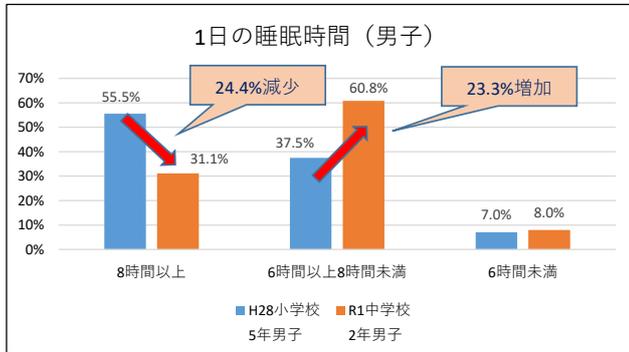
総運動時間



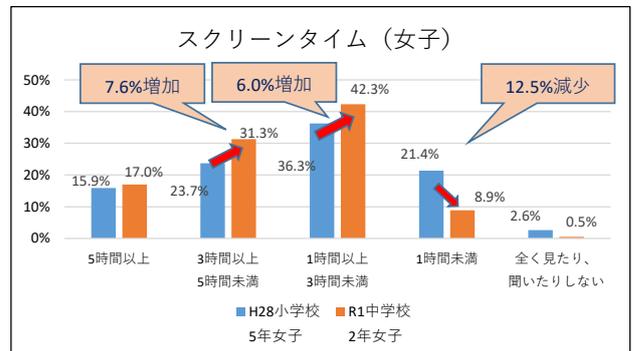
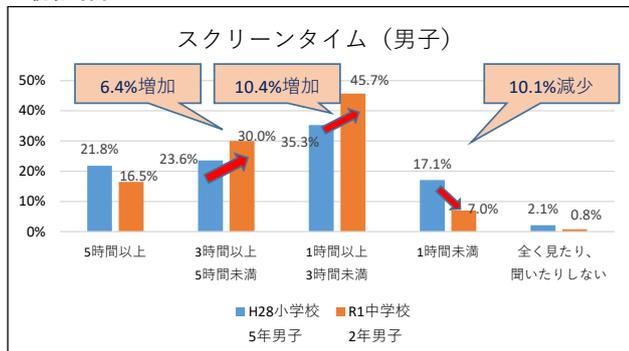
朝食を食べる



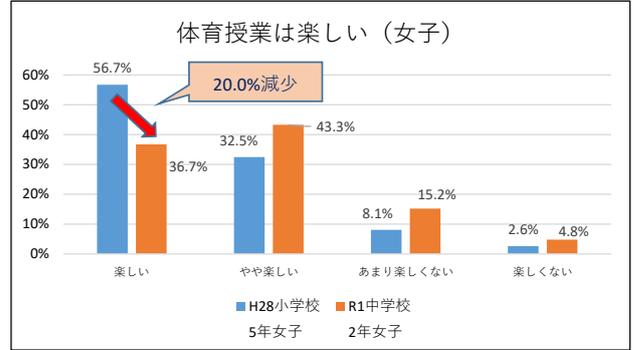
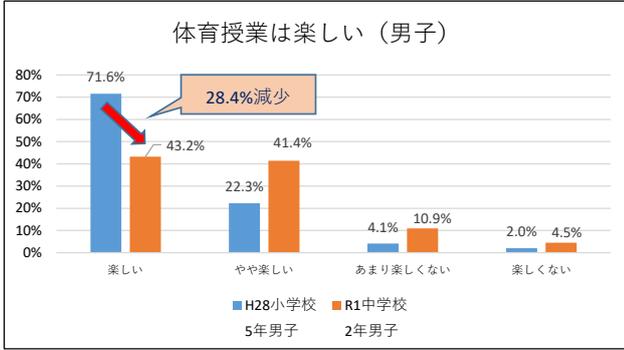
睡眠時間



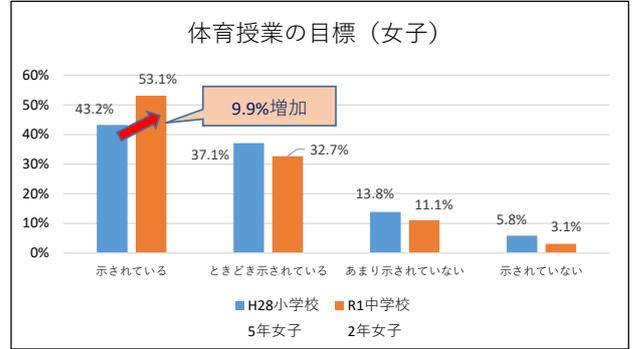
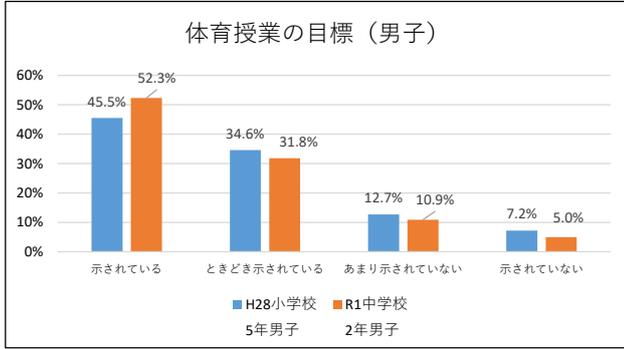
視聴時間



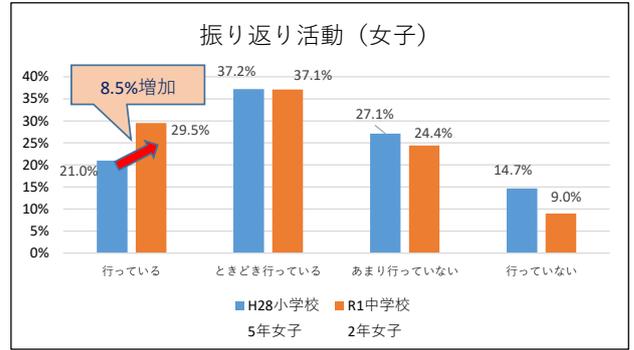
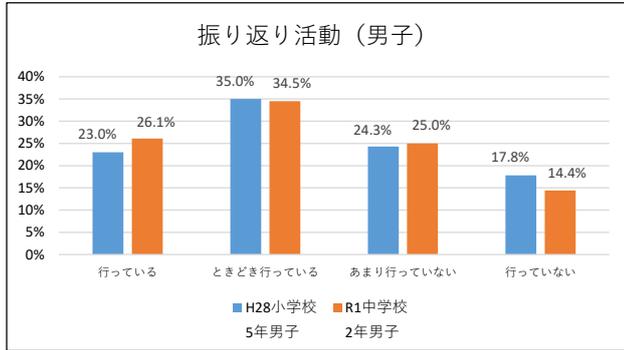
授業が楽しい



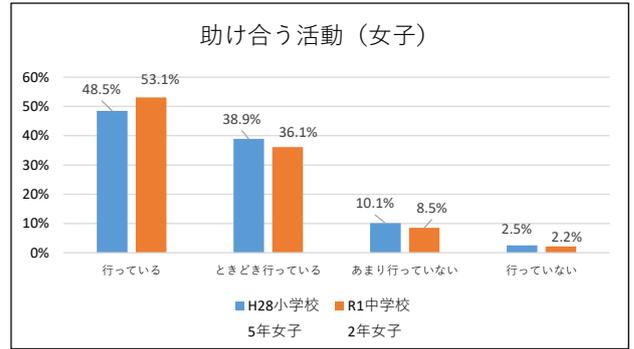
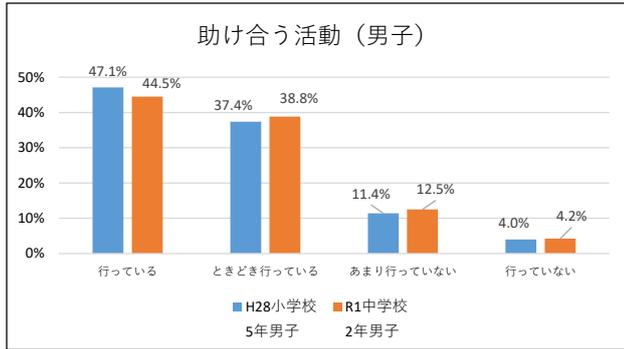
目標の設定



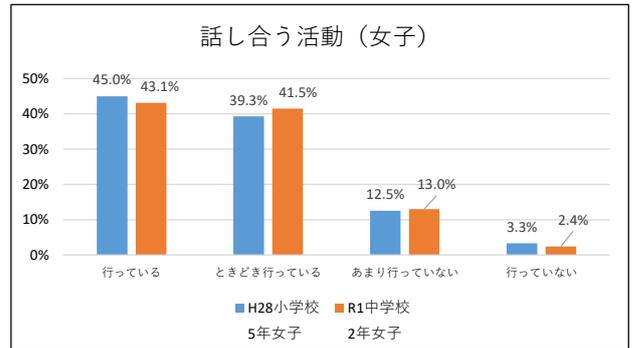
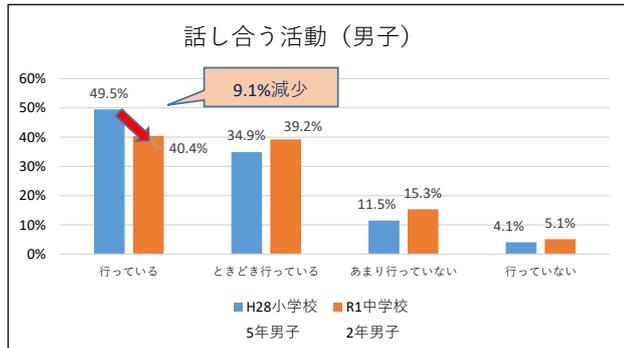
振り返り活動



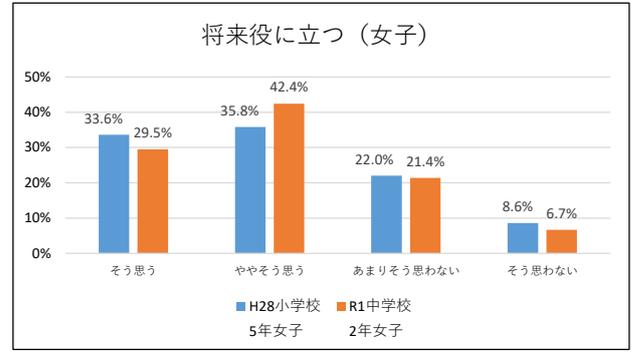
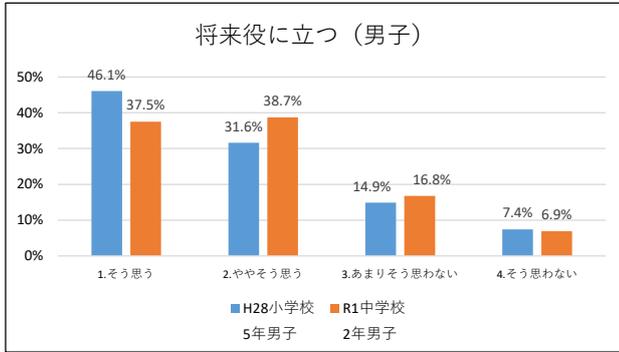
助け合う活動



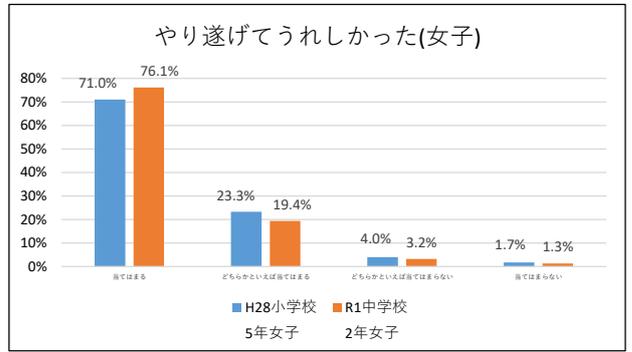
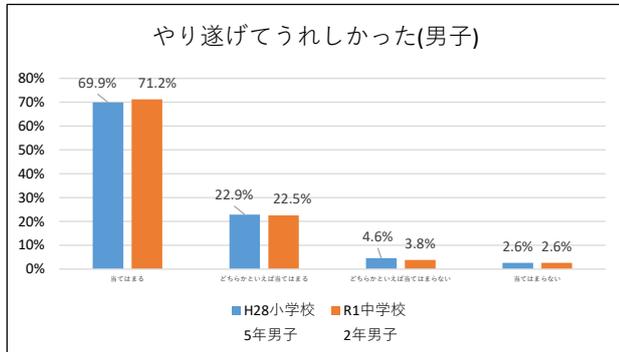
話し合う活動



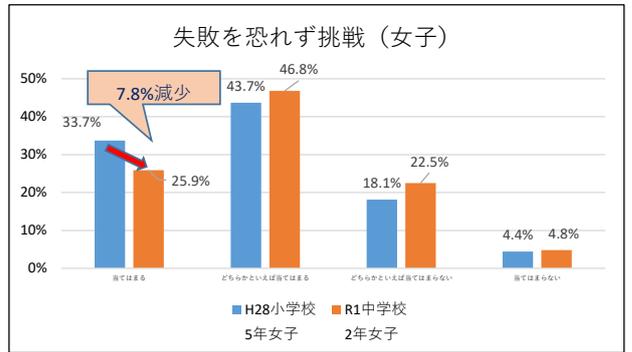
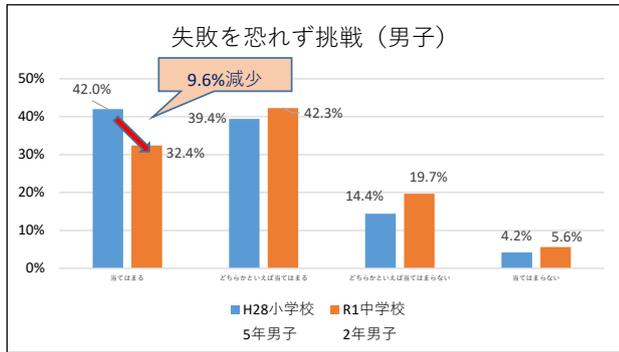
将来役に立つ



達成感



挑戦する心



自己肯定感

