

What You Can Do to Protect Your Children in the Event of a Disaster

Recently, there has been an increase in natural disasters such as earthquakes and torrential rain. When a disaster occurs, are you prepared enough to evacuate immediately with your baby in your arms? In order to avoid panic in the event of an emergency, please prepare the following items you will need for the primary evacuation. (They are also useful for the case of Shelter-In-Place.)

Emergency Bag

Keep them in a bag such as a
backpack where you can use
both hands freely.



An example of
items to put



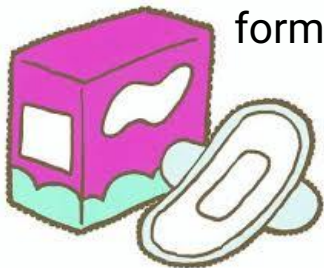
Disposable baby bottle ·
Ready-to-use
formula



Ready-made baby food



Diapers
and Wipes



Sanitary items



Plastic bag



Cape · Blanket



Power bank

Please refer to the back (Disaster Preparedness Information)
and prepare items that are appropriate for you and your
children in addition to general necessities.



Refer to the materials compiled
by the Osaka City Kita Ward Office



Disaster Preparedness Information

Make sure to gain knowledge in case of emergencies.

RESIDENTS EMERGENCY MANUAL



English edition is available ·
中文版 · 한국어판

OSAKA CITY DISASTER PREPAREDNESS APP



Start preparing for disasters right now

English edition is available ·
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Protecting yourself and your family from disasters
~ Information in Plain Japanese ~

A typhoon is coming!



An earthquake has hit!



Japan Medical Association

Emergency Resuscitation Techniques



For emergencies!



Japan Pediatric Society

Disaster Preparedness for Children



Advance Preparations

